

Module Title: Introduction to Angel Card Readings

Module Overview

This module introduces the fundamentals of angel card readings, including the history, purpose, and techniques involved in connecting with angelic guidance. By the end of the module, participants will understand how to prepare for and perform a basic angel card reading for themselves or others.

Learning Objectives

- Understand the purpose and spiritual foundation of angel card readings.
 - Learn to work with angel cards as a tool for divine guidance and self-reflection.
 - Develop intuitive skills to interpret card messages.
 - Conduct a basic angel card reading.
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Lesson Plan

1. Introduction to Angel Cards

- **Lecture/Discussion:**
 - What are angel cards? How are they different from tarot or oracle cards?
 - The purpose of angel cards: connecting with divine guidance and higher energies.
 - A brief history of angel card use in spiritual practices.
 - **Interactive Component:** Show and explain the structure of a typical angel card deck.
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2. Connecting with Angelic Energy

- **Lecture/Demonstration:**
 - The role of angels in spiritual traditions.
 - Understanding angelic hierarchies and their roles (e.g., archangels).
 - **Practical Activity:**
 - Lead a meditation or visualization to connect with angelic energy.
 - Guide participants in setting their intentions for reading angel cards.
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3. Familiarizing with the Deck

- **Hands-On Activity:**
 - Have participants explore the imagery, symbols, and meanings of the cards.

- Discuss how to cleanse and charge a new deck (e.g., smudging, placing under moonlight, prayer).
 - **Interactive Exercise:**
 - Encourage participants to choose one card intuitively and share their impressions of its energy and message.
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4. Preparing for a Reading

- **Lecture/Demonstration:**
 - Creating a sacred space: grounding, centering, and protection.
 - The importance of clear, focused questions.
 - Shuffling and handling the cards with intention.
 - **Practical Activity:**
 - Guide participants in practicing a ritual to prepare for a reading.
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5. Angel Card Reading Techniques

- **Basic Spreads:**
 - Single-card pull for daily guidance.
 - Three-card spread: past, present, future.
 - Specific spreads for clarity on relationships, career, or spiritual growth.
 - **Demonstration:**
 - Perform a sample reading using a three-card spread.
 - **Practice Activity:**
 - Pair participants to perform a simple reading for each other.
 - Encourage sharing of experiences and intuitive insights.
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6. Interpreting the Messages

- **Lecture/Discussion:**
 - How to trust and refine intuitive impressions.
 - Using the guidebook vs. trusting personal interpretations.
 - Understanding subtle messages and themes.
 - **Practical Exercise:**
 - Provide case studies or scenarios for participants to interpret cards in context.
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7. Ethics and Boundaries

- **Discussion:**
 - The ethical responsibility of offering readings.
 - Respecting privacy and free will.
 - Setting personal boundaries when reading for others.

- **Group Activity:**
 - Brainstorm scenarios to discuss appropriate and inappropriate uses of angel card readings.
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8. Review and Reflection

- **Group Sharing:**
 - Encourage participants to share their experiences and questions.
 - **Q&A Session:**
 - Address participant doubts or specific challenges.
 - **Take-Home Assignment:**
 - Perform a self-reading daily and record insights in a journal.
 - Practice with different spreads for specific questions.
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Resources Provided

- Printable guide: Common angel card spreads.
- Meditation script for connecting with angelic energy.
- Suggested reading list: Books and decks for further learning.